

# 2020 USATKD Florida State Championship

**DATE:** April 25<sup>th</sup>, 2020

**REGISTRATION:** <https://www.usat.hangastar.com/login.aspx> Must be Current USATKD Member in good standing and US Citizen to Compete in any Black Belt World Class Divisions

**WEIGH-IN & CREDENTIAL:** Weigh-In & Credential Pickup is **ONLY** on Friday April 24, 2020 from 2 till 9pm

**LOCATION:** The Chain of Lakes Fieldhouse and Conference Center  
210 Cypress Gardens Blvd., Winter Haven, Florida 33880

**ENTRY FEES:** Early Registration Fee \$65 Main Event and \$15 per each additional event, Closes April 3<sup>rd</sup>, 2020;  
Final Registration Fee \$80 main event and \$15 per each additional event and closes on April 10<sup>th</sup>, 2020.

**COACHES:** Early Coach Registration Fee \$45, Closes on April 3<sup>rd</sup>, 2020; Final Coach Registration Fee \$65, Closes on April 10<sup>th</sup>, 2020 (Please Remember SafeSport is Due Every Year Now)

**DEADLINE:** REGISTRATION DEADLINE – Early Registration ends April 3<sup>rd</sup>, 2020 and Final Registration Ends April 10<sup>th</sup>, 2020; As per USATKD all Registrations have to be completed 10 Business days prior to Event Date

**RANKS:** All age divisions recognized ranks are Yellow, Green, Blue, Red, and Black Belts (A **Poom Belt** is a **Black Belt**) Black or Poom Belts Must Have Black or Poom V-Neck Uniform, or their WT recognized Poomsae Uniform. All Color Belts Must Wear **White V-Neck** Uniform No Poom or Poomsae Uniforms

**COMPETITOR:** All Poomsae competitors (all belts and ages) will be scored through Poomsae Pro (electronic scoring) Sparring Divisions will be using DaeDo equipment.

**SPECTATORS:** General admission is \$15 –children 5 and under are free.

**OFFICIALS:** Master Mark Antonucci, President Florida Sport Taekwondo Federation (561)-699-8992 or [MarkFST@FLaMartialArts.com](mailto:MarkFST@FLaMartialArts.com)  
Tournament Director Master Angelito Ong  
Referee Chairman Master Jin Hwan Hwang

**HOTEL INFORMATION:** If you need guidance or help with booking your hotel rooms, please contact Legacy Travel's Vinny Agostino by phone at (954) 296-2247 or by email at [tournamenthousing@legacyti.net](mailto:tournamenthousing@legacyti.net)



Holiday Inn Winter Haven – 200 Cypress Gardens Blvd. (Walking distance from venue)

- Room Rate: \$149/Night for King or Double Queen rooms
- Rate Name/Code: SSG Taekwondo

**Holiday Inn**

Hotel Contact Number: (863)292-2100, ask for Desi Jacques if available

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- Deadline to Reserve: April 6, 2020
- Hotel Information & Accommodations for SSG Participants: Complimentary Hot Breakfast, Complimentary WiFi, Complimentary Parking, Fitness Center, Pool, On-Site Laundry Facilities, Business Center, Refrigerator in room, Service Animals only allowed, Restaurant/Bar



Hampton Inn Winter Haven – 202 Cypress Gardens Blvd. (Walking distance from venue)

- Room Rate: \$149/Night for King or Double Queen rooms
- Rate Name/Code: Sunshine State Taekwondo
- Hotel Contact Number: (863)299-9251, ask for Stephanie Drost if available
- Online Reservation Link:
- [https://secure3.hilton.com/en\\_US/hp/reservation/book.htm?execution=e1s1](https://secure3.hilton.com/en_US/hp/reservation/book.htm?execution=e1s1) (Select Dates, Click Continue, Discounted Rate Applied)
- Deadline to Reserve: April 10, 2020
- Hotel Information & Accommodations for SSG Participants: Complimentary Hot Breakfast, Complimentary WiFi, Complimentary Parking, Fitness Center, Pool, Laundry Services, Business Center, Refrigerator in room, Service Animals only allowed

**EVENTS:** The following list of Events are not the order for the day of Competition but just an outline to match the Attachments to follow.

(This is a list of the events not the order of competition on Saturday)

1. Male Kyorugi (Sparring) (NO Exhibition Matches) – See Attachment A – Page 7
2. Female Kyorugi (Sparring) (NO Exhibition Matches) – See Attachment A – Page 8
3. Individual Poomsae – See Attachment A – Page 9
4. Team Poomsae – See Attachment A – Page 10
5. CO-ED Pair Poomsae – See Attachment A – Page 11
6. Breaking Poomsae – See Attachment A – Page 12
7. Demonstration Poomsae – See Attachment A – Page 12
8. Para Poomsae (Poomsae of your Rank)

## **MANDATORY EQUIPMENT - ALL COMPETITORS MUST PROVIDE THEIR OWN GEAR:**

White V-neck uniform only for color belts; black belts may wear black V-neck. All Sparring competitors must wear WTF style white, red or blue headgear (red & blue headgear must be matched with chest protector color) and, red and blue reversible chest protector, forearm guard, shin and instep guard, groin cup (males and females worn inside) and mouthpiece. Each competitor must provide his or her own equipment. **WORLD CLASS BLACK BELTS MUST BRING YOUR OWN GEN 2 DAEDO eFOOT SOCKS; WE WILL BE USING GEN2 DAEDO ELECTRONIC SPARRING EQUIPMENT with ELECTRONIC HEAD GEAR WILL BE USED IN WORLD CLASS BLACK BELTS CADET, JUNIOR AND SENIOR LEVELS.**

**MANDATORY COACHES MEETING, CREDENTIAL PICK UP & WEIGH-IN at The Chain of Lakes Fieldhouse and**

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## **Conference Center, Gymnasium:**

- Competitors must weigh in the day before they compete. Friday, April 24<sup>th</sup>, 2020, from 2pm – 9pm (**No-exceptions**).

**Coaches must register in advance online (NO EXCEPTIONS).** There will be a Mandatory Coach Meeting on Friday, April 24<sup>th</sup> at The Coach's Reception Room. Coaches credential maybe pick up at registration after the meeting

**ALL COMPETITORS competing on April 25<sup>th</sup>, 2020** MUST WEIGH-IN & PICK UP CREDENTIALS on April 24<sup>th</sup>, 2020 (2pm – 9pm).

**ALL COACHES** MUST ATTEND COACH MEETING on April 24<sup>th</sup>, 2020 (8:00 PM - 9:00 PM) TO RECEIVE COACH CREDENTIAL

**USATKD REFEREE SEMINAR:** 11:00am to 7:00 pm. Must wear dobok.

## **Schedule of Events**

### **FRIDAY – April 24th, 2020**

2:00 pm           **Credential Pick Up and Weigh In** for all competitors competing on Saturday, April 25th, 2020

2:00 pm           **USATKD Referee Seminar** (2 pm - 10 pm)

8:00 pm           **Mandatory Coach Meeting** (8pm-9pm)

Coaches are required to be active members of USATKD and be at minimum a certified Associate Coach within the USATKD CIDP program to be coach at the State Championship. Coach Passes must be purchased online at [www.usat.hangastar.com](http://www.usat.hangastar.com). Online late registration will be cutoff at 1:59 am EST on April 10<sup>th</sup>, 2020. **Coach Passes cannot be purchased at the Event.**

### **SATURDAY- April 25<sup>th</sup> ,2020**

7:00 am           **Doors Open**

8:45 am           Begin calling Competitors to the Holding Area

8:50 am           **Opening Ceremonies**

9:00 am           **Competition Begins**

#### **POOMSAE**

- **Demonstration team**

#### **POOMSAE Black Belts**

- **Team**
- **Pairs**
- **Individual**

9:300 am         **Sparring** (NO Exhibition Matches)

- **Senior Black Belt Sparring: World Class**
- **Junior Black Belt Sparring: World Class**

# ***2020 USATKD Florida State Championship***

**BOARD BREAKING:** All Competitors, All Belts & All Ages

**POOMSAE Para All Competitors, Color Belts & All Ages**

**POOMSAE** All Competitors, Color Belts & All Ages

**SPARRING**

- All Competitors, All Belts & All Ages (NO Exhibition Matches)

Color Belt and Black Belt Sparring will occur simultaneously

NO Exhibition Matches

All Black Belt Sparring will use Daedo Electronic Scoring

**Divisions maybe called out of order to expedite the event**

## **Athlete Qualification and Divisions**

All USATKD State Championships will use the same age, belt color, weight categories, and rules that are followed at the USATKD National Championships. See Attachment A for a complete list of these divisions. A State Championship may choose to add divisions other than the required divisions, but these divisions will not qualify athletes to compete at the USATKD National Championships and you will need to note this in your information packet.

\*\*USATKD uses the date December 31 of the given year (December 31, 2020) to determine the age of all competitors. For example: an athlete turns 10 on November 18, 2020, so they would compete as a 10-year-old in the given event, even though they are 9 years old at the time of the event for all divisions. The exception to this rule is for the Senior World Class Black Belt Division in which an athlete is eligible to make the USATKD National Team which would be competing in a Championship (World or Pan Am) or Olympic Games being held the following year. For example, if an athlete will turn 17 anytime during the year of the Senior World or Pan Am events, they are eligible to compete in the prior year's State Championships in the Senior division.

Athletes that are competing in 12-14 (Cadet) Grassroots Sparring competition do not have to provide proof U.S. residency. Since this division uses junior safety rules and does not qualify athletes for World or Pan Am Championships. However, if an athlete does have a black belt and wishes to compete in Poomsae, that athlete must show a valid form of U.S. citizenship to compete at State and National Championships.

State Championships must provide both a World Class and Grassroots Cadet sparring divisions at their event. The Cadet Grassroots division will serve as division for those athletes whose coach and parent do not think they are ready to compete using full head contact rules. Athletes that compete in the Grassroots division qualify for the Grassroots division for the National Championships. Athletes that compete in the Grassroots division DO NOT qualify for the World Class division. Cadet athletes that compete in the World Class Divisions cannot participate in the Grassroots Division at the State or National Championships if they have qualified through World Class.

USATKD State Championships are direct qualifiers for the USATKD National Championships. Athletes must be U.S. Citizens or U.S. Residents (see chart below) to compete in a State Championship and USATKD National Championships.

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There will be a fine assessed to the State Association for every non-U.S. Citizen that is found to have participated at that State Championship in any World Class Black Belt divisions. This fee will also be assessed if the State Association allows an athlete to compete in a division that requires proof of U.S. Citizenship and they are not a U.S. Citizen.

**If an individual is not a valid U.S. citizen, he/she will not be allowed to compete at the USATKD National Championships or State Championship in World Class Black Belt divisions. This rule must be enforced by all State Associations.**

PROOF OF CITIZENSHIP	PROOF OF RESIDENCY	AGE	DOCUMENTATION REQUIRED
U.S. Passport	U.S. Passport	6-7, 8-9, & 10-11: Yellow, Green, Blue, Red, & Black Belts	Proof of Residency
U.S. Passport Card	U.S. Passport Card	12-14 & 15-17: Yellow, Green, Blue, & Red Belts	Proof of Residency
U.S. Birth Certificate	U.S. Birth Certificate	12-14(cadet), 15-17 (Junior), and 18-32(Senior): Black Belts	Proof of Citizenship
	Social Security Card	18 & Older: Yellow, Green, Blue, & Red Belts	Proof of Residency
	Green Card	33 & Older (Ultra): Black Belts	Proof of Residency
	U.S. School Report Card / Transcript		
	Valid U.S. Driver's License or Government issued ID		
	U.S. Military ID		

**Note:** These are the only acceptable documents that may be submitted any other documents will not be approved.

## **USATKD National Championship Qualifications**

All athletes **\*\*participating** in the following divisions at a sanctioned USATKD State Championship, NCTA Championship, or Armed Forces Taekwondo Qualifier will automatically qualify to compete at the USATKD National Championships.

**\*\*Participating** means athletes must have officially weighed-in at the event scales (sparring) and/or participated on the competition mats in front of the event referees (poomsae) and received a place within the division.\*\*

**SPARRING:** All Belts – Dragon(6-7), Tiger(8-9), Youth(10-11), Junior(15-17), Senior(17-32)& Ultra(33+) & Yellow, Green, Blue & Red belts for Cadet(12-14). An athlete **MAY** compete in multiple State Championships. Athletes competing in World Class Sparring divisions (Cadet 12-14, Junior 15-17, and Senior 17-32) must compete in the same weight class at the National Championships they qualify in at the State Championship.

**POOMSAE:** All Belts – Dragon(6-7), Tiger(8-9), Youth(10-11), Cadet(12-14), Junior (15-17), Under 30 (18 -30), Under 40 (31-40), Under 50 (41-50), Under 60 (51-60), Under 65 (61-65), Over 65 (66+) (Pairs and Teams). To receive points an athlete must weigh-in, step on the mat, and fight and complete the match. An athlete cannot “participate” to earn the points, meaning weighing in, stepping on the mat, and withdrawing without fighting. If an athlete withdraws and does

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not fight, they will not earn any points for that event.

If an athlete competes and wins their first match but they bow out in any upcoming match in the tournament and does not fight, that athlete will only receive the points from the previous match that was won. Athletes will not receive points for making it to a round and bowing out of that round or for beginning the round and withdrawing before the completion of the entire match.

If an athlete is disqualified during a match the opponent of the disqualified athlete will receive the points from that match if they are declared the winner. It will be considered that the disqualified athlete lost that round and will earn the points gained from the previous match won.

Athletes will only earn points in the weight division they compete in, whether the athlete loses or wins the match. As long as an athlete fights and completes their match they will receive points for the last round they lost in.

**Athletes must compete in the age category according to the age he/she will be as of December 31, 2020.**

## **World Class vs Grassroots**

World Class and a Grassroots divisions will only be offered for Cadet Sparring black belts. Cadet World Class divisions will use adult rules and Cadet Grassroots division will use Junior Safety Rules.

***Cadet Poomsae; Junior Poomsae and Sparring; Senior Sparring and Poomsae black belts will have World Class Divisions ONLY (no Grassroots divisions).*** Those athletes that "participate" at a USATKD State Championships in any of these black belt divisions will qualify for the World Class divisions.

### **Miscellaneous Information**

- If an athlete wants to compete in both Junior and Senior divisions, they must compete and qualify for both divisions.
- Winner of the Cadet Grassroots divisions **will not** qualify for the World Class division because the Grassroots division will use Junior Safety Rules and World Class divisions will use full head contact rules (see competition rules for full explanation of rules). Once qualified for World Class, an athlete is not eligible for Grassroots divisions.
- To compete at the 2020 USATKD National Championships ALL athletes **MUST** qualify by ***participating*\*\*** at a USA Taekwondo State Championship, NCTA Championship, or Armed Forces Taekwondo Qualifier. If an athlete is in a state that does not host a State Championship, then they will need to participate in another State's championship.

# 2020 USA TAEKWONDO STATE CHAMPIONSHIP MANUAL ATTACHMENTS



## ATTACHMENT A

### MALE SPARRING AGE DIVISIONS and WEIGHT CATEGORIES

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	MATCH TIME LIMITS	*WEIGHT CATEGORIES (KG)	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	2 ONE-MINUTE ROUNDS 30 SECOND REST	U19, U23, U27 & O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	2 ONE-MINUTE ROUNDS 30 SECOND REST	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
^CADET	12-14 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U33, U37, U41, U45, U49, U53, U57, U61, U65, O65	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U45, U48, U51, U55, U59, U63, U68, U73, U78 & O78	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
^JUNIOR	15-17 YEARS OLD	<b>BLACK</b>	3 ONE-MINUTE 30 SECOND ROUNDS 60 SECOND REST	U45, U48, U51, U55, U59, U63, U68, U73, U78 & O78	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U54, U58, U63, U68, U74, U80, U87, O87	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
^SENIOR	17-32 YEARS OLD	<b>BLACK</b>	3 TWO-MINUTE ROUNDS 60 SECOND REST	U54, U58, U63, U68, U74, U80, U87 & O87	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
ULTRA	33+ YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U58, U68, U80 & O80	FIN, LIGHT, MIDDLE & HEAVY

^11 AND OLDER, 14 AND OLDER & 16 AND OLDER BLACK BELTS CAN COMPETE IN DESIGNATED AGE CATEGORY

\*U = Under, O = Over

# 2020 USA TAEKWONDO STATE CHAMPIONSHIP MANUAL ATTACHMENTS



## ATTACHMENT A

### FEMALE SPARRING AGE DIVISIONS and WEIGHT CATEGORIES

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	MATCH TIME LIMITS	*WEIGHT CATEGORIES (KG)	WEIGHT CLASSES
DRAGONS	6-7 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	2 ONE-MINUTE ROUNDS 30 SECOND REST	U19, U23, U27 & O27	FIN, LIGHT, MIDDLE & HEAVY
TIGERS	8-9 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	2 ONE-MINUTE ROUNDS 30 SECOND REST	U21, U25, U30 & O30	FIN, LIGHT, MIDDLE & HEAVY
YOUTH	10-11 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U30, U35, U40 & O40	FIN, LIGHT, MIDDLE & HEAVY
^CADET	12-14 YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U29, U33, U37, U41, U44, U47, U51, U55, U59, O59	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
JUNIOR	15-17 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U42, U44, U46, U49, U52, U55, U59, U63, U68 & O68	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
^JUNIOR	15-17 YEARS OLD	<b>BLACK</b>	3 ONE-MINUTE 30 SECOND ROUNDS 60 SECOND REST	U42, U44, U46, U49, U52, U55, U59, U63, U68 & O68	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, LT. MIDDLE, MIDDLE, LT. HEAVY & HEAVY
SENIOR	17-32 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U46, U49, U53, U57, U62, U67, U73, O73	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
^SENIOR	17-32 YEARS OLD	<b>BLACK</b>	3 TWO-MINUTE ROUNDS 60 SECOND REST	U46, U49, U53, U57, U62, U67, U73, O73	FIN, FLY, BANTAM, FEATHER, LIGHT, WELTER, MIDDLE, & HEAVY
ULTRA	33+ YEARS OLD	<b>YELLOW, GREEN, BLUE, RED &amp; BLACK</b>	3 ONE-MINUTE ROUNDS 30 SECOND REST	U49, U57, U67 & O67	FIN, LIGHT, MIDDLE & HEAVY

^11 AND OLDER, 14 AND OLDER & 16 AND OLDER BLACK BELTS CAN COMPETE IN DESIGNATED AGE CATAGORY

\*U = Under, O = Over

\*\*USATKD USES DECEMBER 31, 2019 AS THE AGE DATE FOR ALL ATHLETES

CHART IS EFFECTIVE FROM JANUARY 1, 2019 - DECEMBER, 31, 2019

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# 2020 USAT STATE CHAMPIONSHIP MANUAL ATTACHMENTS



## ATTACHMENT A

### INDIVIDUAL POOMSAE AGE DIVISIONS

AGE CLASSES	AGE DIVISIONS	BELT COLOR	RANK	COMPETITION TYPE
DRAGONS	6-7 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	SINGLE ELIMINATION
DRAGONS	6-7 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	SINGLE ELIMINATION
TIGERS	8-9 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
TIGERS	8-9 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
YOUTH	10-11 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
JUNIOR	15-17 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
JUNIOR	15-17 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
1 <sup>ST</sup> SENIOR	18-30 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
2 <sup>ND</sup> SENIOR	31-40 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
1 <sup>ST</sup> MASTERS	41-50 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
2 <sup>ND</sup> MASTERS	51-60 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
3 <sup>RD</sup> MASTERS	61-65 YEARS OLD	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
4 <sup>TH</sup> MASTERS	66 & OLDER	<b>YELLOW, GREEN, BLUE &amp; RED</b>	N/A	MODIFIED WTF FORMAT
1 <sup>ST</sup> SENIOR	18-30 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
2 <sup>ND</sup> SENIOR	31-40 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
1 <sup>ST</sup> MASTERS	41-50 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
2 <sup>ND</sup> MASTERS	51-60 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
3 <sup>RD</sup> MASTERS	61-65 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT
4 <sup>TH</sup> MASTERS	66 & OLDER	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	WTF FORMAT

**2020 USAT STATE CHAMPIONSHIP MANUAL  
ATTACHMENTS**



***ATTACHMENT A***

**TEAM (MALE/FEMALE) POOMSAE AGE DIVISIONS**

<b>Division</b>	<b>Belt</b>	<b>Rank</b>	<b>Gender</b>
Dragon (6-7)*	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Dragon (6-7)*	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
TIGERS (8-9)*	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
TIGERS (8-9)*	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Youth (10-11)*	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Youth (10-11)*	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Cadet (12-14)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Juniors (15-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
1 <sup>st</sup> Team (18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
1 <sup>st</sup> Team (18-30)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
2 <sup>nd</sup> Team (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
2 <sup>nd</sup> Team (31+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male

^TEAM POOMSAE IS MADE UP OF 3 ATHLETE OF THE SAME GENDER

**\*State Championships can chose to do Dragon, Tiger and Youth Team Poomsae, but those divisions will not be available at the USATKD National Championships.\***

**\*\*State Championships can choose to do color belt Team Poomsae, but those divisions will not be available at the USATKD National Championships. \*\***

# 2020 USAT STATE CHAMPIONSHIP MANUAL ATTACHMENTS



## **ATTACHMENT A**

### **CO-ED PAIRS POOMSAE AGE DIVISIONS**

<b>AGE CLASSES</b>	<b>**AGE DIVISIONS</b>	<b>BELT COLOR</b>	<b>RANK</b>	<b>GENDER</b>	<b>COMPETITION TYPE</b>
DRAGONS*	6-7 YEARS OLD	<b>BLACK</b>	1 <sup>st</sup> – 9 <sup>th</sup>	Co-ed	MODIFIED WTF FORMAT
TIGERS*	8-9 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	Co-ed	MODIFIED WTF FORMAT
YOUTH*	10-11 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	Co-ed	MODIFIED WTF FORMAT
CADET	12-14 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	Co-ed	MODIFIED WTF FORMAT
JUNIORS	15-17 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	Co-ed	MODIFIED WTF FORMAT
1 <sup>ST</sup> PAIRS	18-30 YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	Co-ed	WTF FORMAT
2 <sup>ND</sup> PAIRS	31+ YEARS OLD	<b>BLACK</b>	1 <sup>ST</sup> – 9 <sup>TH</sup>	Co-ed	WTF FORMAT

\*State Championships can choose to do Dragon, Tiger and Youth Pairs Poomsae, but those divisions will not be available at the USATKD National Championships.\*

\*\*State Championships can choose to do color belt Co-Ed Pairs Poomsae, but those divisions will not be available at the USATKD National Championships. \*\*

# 2020 USAT STATE CHAMPIONSHIP MANUAL ATTACHMENTS



## MALE & FEMALE INDIVIDUAL CREATIVE AGE DIVISIONS - BOARD BREAKING -

### *ATTACHMENT A*

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	SET-UP TIME LIMITS	BOARD BREAKING - ROUTINE TIME LIMITS
DRAGONS	6-7 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
TIGERS	8-9 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
YOUTH	10-11 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
CADET	12-14 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
JUNIOR	15-17 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
SENIOR	18-32 YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE
ULTRA	33+ YEARS OLD	YELLOW/GREEN, BLUE/RED & BLACK	1 MINUTE	1 MINUTE

### DEMONSTRATION TEAM

AGE CLASSES	**AGE DIVISIONS	BELT COLOR	SET-UP TIME LIMITS	ROUTINE TIME LIMITS
DEMO TEAM	ALL AGES	ALL BELT COLORS	1 MINUTE	10 MINUTES

\*\*State Championships can choose to do Weapons competitions, but this division will not be available at the USATKD National Championships. \*\*