

FLORIDA SPORT TAEKWONDO FEDERATION STATE CHAMPIONSHIP

2022

Florida Sport Taekwondo Federation International Open & State Team Trials



**MARCH
19TH,
2022**

**Advent Fieldhouse and
Conference Center**

210 Cypress Gardens Blvd.,
Winter Haven, FL 33880

**Para Poomsae
Division Available**

Florida Sport Taekwondo Federation

Chairman and CEO Master Mark Antonucci, Director Master Dennis White,
Director Master Russell Beneby, Director Master James White, Director Master Angelito Ong,
Referee Chairman Master Jin Hwan Hwang - Operations Manager Master Bill Ferkile

To Register go to <https://FST-Event-Registration.spblive.net/>
All Registration & Weigh-in March 18th



Scan QR code
for
Registration

Contact Us: 561-231-9294 / Info@FLaTKD.com

More Info

www.FLaTKD.com

2022 FLORIDA SPORT TAEKWONDO INTERNATIONAL OPEN **& STATE TEAM TRIALS**

DATES: March 18th & 19th, 2022

LOCATION: Advent Fieldhouse and Conference Center 210 Cypress Gardens Blvd., Winter Haven, Florida 33880

REGISTRATION: To Register for FST's State Open and Team Trial at www.FLaTKD.com or <https://FST-Event-Registration.spblive.net/>

FLORIDA SPORT TAEKWONDO FEDERATION OFFICIALS:

FST Chairmen & CEO - Master Mark Antonucci,
(561)-231-9294 or MarkFST@FLaMartialArts.com

FST Director & Sparring Coach - Master Dennis White

FST Director, Sparring Coach & COO - Master Russell Beneby

FST Director, Poomsae Coach & Athlete Representative - Master Angelito Ong

FST Director, Referee Chairman & Poomsae Head Coach Master - Jin Hwan Hwang

FST Director - Master James White

FST Director & Athlete Representative - Ara White

Links:

FST Website: <https://flatkd.com/>

Event Registration: <https://fst-event-registration.spblive.net/>

Participants Mandatory Wavier: <https://sparkpages.io/forms/?frm=Axi>

Spectators Mandatory Wavier: <https://sparkpages.io/forms/?frm=Bxi>

Electronic Sparring Equipment and Tournament Vendor: <https://www.tkdscore.com/>



ENTRY FEES

Online Pre – Registration - Ends March 15th, 2022 - \$100 Main Event and \$20 per each additional event

Online Late Registration - Will be accepted till March 17th 10:30am - \$120 Main event and \$30 per each additional event.

On-Site Registration - March 18th & 19th - \$120 Main event and \$30 per each additional event.
On-Site Registration is firmly cut off at 9:00 am on March 19th, No exceptions.

(Pair Poomsae, Team, and Demonstration Team is considered a secondary Event for each participant)

Team Trial: Online Pre-Registration Fee \$50. Late/On-Site Registration fee \$60

COACHES: Online Registration only. Coach Registration Fee \$50. Coaches for every 10 athletes you bring you would receive a free coach pass, if you already paid, we would reimburse you.

SPECTATORS: General admission is \$15 –children 5 and under are free.

There will be NO Refunds for this event



Online Registration Information

- Applicants need to Register Online at <https://fst-event-registration.spblive.net/> and once completed there you will be forwarded to and/or receive your Event Enrollment Link.
- Applicants need to complete their Event Enrollment in all the Events they wish to participate in.
- In order for Applicants to see the Competitors within their Events you MUST complete the Event Enrollments in all your Registered Events.
- Applicants should enter their weight, in pounds, in the field labeled “Body Weight or Weight”
- Applicants should enter their Taekwondo school name in the field labeled “Club Name”
- Color belt Applicants may enter the following events - Sparring, Breaking, Weapons, Traditional, Pair & Team Poomsae and Demonstration Team.
- Black Belts may enter the following events - Sparring, Breaking, and Weapons, also Standard/Traditional forms or WT/USATKD Sport Poomsae (individual, pair and/or team forms)
- Each participant and Spectator must complete an Individual Entry Form and Waiver of Liability and submit them by the entry deadline Participants Mandatory Wavier: <https://sparkpages.io/forms/?frm=Axi>
Spectators Mandatory Wavier: <https://sparkpages.io/forms/?frm=Bxi>



Schedule of Events

FRIDAY – March 18th, 2022

12:00 pm – 8:00pm - Referee Seminar

4:00 pm – 8:00pm - Credential Pick Up, Weigh-In, and On-Site Registration

SATURDAY- March 19th ,2022

8:00 am - Venue Doors Open

8:00 am - Credential Pick Up, Weigh-In, and On-Site Registration

8:15 am - Referee Meeting

8:30 am - Mandatory Coach Meeting

8:45 am - Initial Call for Competitors to the Holding Area

8:50 am - Opening Ceremonies

9:00 am - Competition Events Begin

- World Class Sparring Seniors
- Sports Poomsae Black Belts (Individual, Pair, and Team)

9:00 am - Registration Closes NO EXCEPTIONS

9:00 am - Weapons

9:00 am - Breaking

9:30 am - Traditional Poomsae

11:00 am - World Class Sparring – Cadet & Junior

11:00 am Demonstration Team

12:30 pm - Grassroots & Color Belt Sparring All Competitors

Please See the Enrollment Page for Rule Details

Competitors will be listed on <https://flatkd.com/competitors-listing/> after the Enrollment sections are completed and will be updated weekly

Schedule and events may be changed or amended as needed

- Color Belt and Black Belt Sparring will occur simultaneously
- Divisions maybe called out of order to expedite the event



Divisions List

World Class Gyorogi – WT/USAT Scoring (Sparring):

- Black Belts
- Red Belts

Grassroots & Traditional Color Belt Gyorogi (Sparring):

- White Belts
- Yellow
- Green Belts
- Blue
- Red
- Black Belts

Goypka (Breaking):

- White Belt
- Yellow
- Green Belt
- Blue
- Red
- Black Belt

Weapons:

- White Belt
- Yellow
- Green Belt
- Blue
- Red
- Black Belt

Demo-Team

Para Divisions Available

Weight Classes

Combined Weight Classes will be in effect and at the Tournament Committees Sole Discretion.



Sport Poomsae Competition Black Belts Only (Individual, Pair and Team) WT/USATKD Scoring (Poomsae Pro)

Individual – Male & Female Divisions:

- Youth (10-11)
- Cadet (12-14)
- Juniors (15-17)
- 1st Senior (18-30)
- 2nd Senior (31-40)
- 1st Master (41-50)
- 2nd Master (51-60)
- 3rd Master (61+)

Traditional Poomsae (Forms) –

Taeguk, Palgwe, ITF, any recognized taekwondo forms will be recognized:

- White Belt – Poomsae of your Rank
- Yellow – Poomsae of your Rank
- Green Belt – Poomsae of your Rank
- Blue – Poomsae of your Rank
- Red – Poomsae of your Rank
- Black Belt / 1st Dan / Poom – Poomsae of your Rank
- Black Belt / 2nd Dan / Poom – Poomsae of your Rank
- Black Belt / 3rd Dan / Poom – Poomsae of your Rank
- Black Belt / 4th Dan & above – Poomsae of your Rank

Traditional Pair Poomsae:

- 14 and under (10-14)
- Juniors (15-17)
- 1st Pair (18-30)
- 2nd Pair (31 +)

Traditional Team Poomsae:

- 14 and under (10-14)
- Juniors (15-17)
- 1st Team (18-30)
- 2nd Team (31 +)



Age Groups

Poomsae (Forms – Standard/Traditional)

Goypka (Breaking – Standard)

Weapons –

- (4-5), (6-7), (8-9), (10-11), (12-14), (15-17) (18 – 32), (33-40), (41-50) & (Over 50)

Sport Poomsae Individual:

- Youth (10-11)
- Cadet (12-14)
- Juniors (15-17)
- 1st Senior (18-30)
- 2nd Senior (31-40)
- 1st Master (41-50)
- 2nd Master (51-60)
- 3rd Master (61+)

Traditional Pair Poomsae:

- 14 and under (10-14)
- Juniors (15-17)
- 1st Pair (18-30)
- 2nd Pair (31 +)

Traditional Team Poomsae:

- 14 and under (10-14)
- Juniors (15-17)
- 1st Team (18-30)
- 2nd Team (31 +)

Team Trails Gyorogi (Sparring)

- Color belt Age Divisions: (4-5), (6-7), (8-9), (10-11), (12-14), (15-17), (18–32), (33-40), (41-50) & (Over 50)
- Black Belt Age Divisions: (4-5), (6-7), (8-9), (10-11), (12-14), (15-17), (18–32), (33-40), (41-50) & (Over 50)



Belt Ranking

FST's International Open and Team Trial: Event divisions and all recognized ranks/belts are as follows:

- White
- Yellow
- Green
- Blue
- Red
- Black Belts (A Poom Belt is a Black Belt).

All color belts with color tips will compete within the division of their belt color (i.e., blue belt with brown tip, entry division will be blue).

For all **Sparring Competitors** you may go up 2 belt levels. If you go up a Belt Level, just register as the higher belt in Sparring and wear your current belt at the competition. No Reduction in Rank is Allowed and if we see a reduction in rank you will be automatically disqualified.

We will be doing Kukkiwon Black Belt verifications.

Competition Rules

****Divisions may be modified by at the sole discretion of the tournament committee****

This tournament will be conducted in accordance to modified World Taekwondo and USA Taekwondo rules of competition.

Poomsae:

- For Standard/Traditional Forms competition, any recognized Korean form is acceptable, and you will be competing in Competition Style (head-to-head) and with Double Elimination.
- All applicants participating in the WT/USATKD Sport Poomsae competition will be required to present the designated poomsae for their division and belt. It will follow a modified cut-off method for competition 12 or less final round; 13 + preliminary and final rounds.



- All Black Belt Sport Poomsae competitors will have electronic scoring, utilizing the amended USATKD & WT Rules.
- Individual, Pair or Team Black Belt Poomsae Competitors can only compete in either Sport Poomsae or Traditional Poomsae **not both.**
- Sport Team Poomsae events may consist of 3 male or 3 female athletes competing as a “team”.
- Pair Poomsae events may consist of 1 male and 1 female athlete competing as a “pair”.

Breaking:

- Breaking boards must be pre-purchased and will be supplied at the ring in the competition venue. All Boards are 3/8” x 9 x 12 Demonstration Board style. All breaking competitors must supply their own holders.
- USATKD Standard Breaking Amended Rules are in Effect with a 5 Board minimum and 15 Board Maximum.

Sparring:

Color Belts & Grassroots:

- All USA Taekwondo Junior Safety Rules apply. 11 and under Color Belt divisions have no Head Contact Allowed. 12 and up color belts will be allowed head contact under Junior Safety rules.
- Grassroots and Color Belts Sparring do NOT need electronic socks.
- Grassroots 12-14 Cadet division has Light Head Contact and Junior Safety Rules are in Full Effect.
- Color Belts all ages will follow USATKD Junior Safety Rules.

World Class Sparring:

- Sparring competition will be single elimination for ALL Color Belts and Black Belts.
- For sparring competition, WT / USATKD Modified Rules will be used and no face shields.
- World Class Sparring is available for Black and Red Belts From ages 8 and up.
- Ages 7 and under Black Belt divisions have no Head Contact Allowed.



- Ages 8 to 11 there will be light Head Contact and USATKD Junior Safety Rules will be in Full Effect.
- Ages 12 and up will be Adult Rules
- Black Belt World Class Sparring Junior division at age 17 may go up 1 age bracket. Ages are calculated
- For all Sparring divisions all belts and all ages may go up 2 belt levels but you may not go down any belt level. If you wish to up a belt level in Sparring just register as the higher belt but wear your current belt at the competition, this does not include any other division then Sparring. We will be doing Kukkiwon verifications.

Equipment

- All Competitors must wear a Taekwondo V-Neck Uniform with appropriate trim on the collar. Only Black Belts with Black collar and Poom Belts with Poom collar and for all Poomsae events the Competitor has the right to wear a WT recognized Poomsae Uniform during Poomsae Competition. For World Class Sports Poomsae must wear WT recognized Sports Poomsae Uniform.
- All Sparring competitors must wear WT style uniform, white, red or blue headgear (if red or blue headgear is required to match with chest protector color) and, red and blue reversible chest protector, forearm guard, shin and instep guard, groin cup (males and females worn inside) and mouthpiece. Each competitor must provide his or her own equipment, WT approved hand protectors are optional.

Electronic Sparring divisions –

- All Red and Black Belts 10 years old and up will utilize the Daedo Electronic chest protectors. We will supply the Daedo Electronic chest guards and e-Head Gear. **PARTICIPANTS ARE REQUIRED TO SUPPLY THEIR OWN DAEDO electronic socks.** GEN 1 or 2 electronic socks are allowed but Gen 2 is recommended. You must supply your own Daedo electronic socks (Either Gen 1 or 2 electronic socks are allowed). If you do not have the electronic socks, you may purchase them at <https://www.tkdscore.com/>



Awards

- Gold, Silver, Bronze and Bronze medals will be awarded to the top four finishers in each event. Two Bronze medals will be awarded.
- A team trophy will be awarded to the top Taekwondo School, with the largest number of participants. In case of a tie, the tie break will be based upon the number of 1st place finishes by each school. Please be sure to indicate your TKD school name when completing your registration form.

COVID-19 & PUBLIC HEALTH AND SAFETY RULES:

- All who are to enter the Event Venue will go through a Temperature Check and if anyone has a Temp of 100.4 or above you will not be allowed to enter. Once you enter the venue, all will must wear a facemask, covering both your nose and mouth completely, at all times or the Venue Security must and will ask you to leave.
- At the rings, currently, athletes and coaches may wear a facemask. All facemasks must cover **Your Nose and Mouth Completely**.
- All Rings will have hand sanitizer available and gloves for Judges and Referee's. Any equipment provided by the Event will be cleaned prior to use and the Athlete must return the equipment from where they received it themselves, you cannot hand it off to someone else, such as your coach or the referee.
- The Venue has 2 floors top floor is spectator only area and all should always wear a facemask. On the competition floor only the competitors which have been called to holding are allowed and only 2, spectators are allowed on the competition floor while their athlete is competing. At registration, credential pick up and weigh-In everyone must wear a facemask which covers your nose and mouth completely, an athlete can have only 1 person with them.
- Mandated Facial Covering and Social distance guidelines must be adhered to at all times as well as wearing a facemask, there will be no exceptions to this, as the Venue and local Officials can close and cancel the event at any time for non-adherence to the COVID-19 and their Health and Safety Rules.
- At the ring, all coaches maybe required to wear a Facemask at all times and if a mask is required the mask must be cover completely Your Nose and Mouth, there is no exception to this and if a Coach removes his/her mask for any reason your Athlete will receive a "GamJeom" Penalty.

